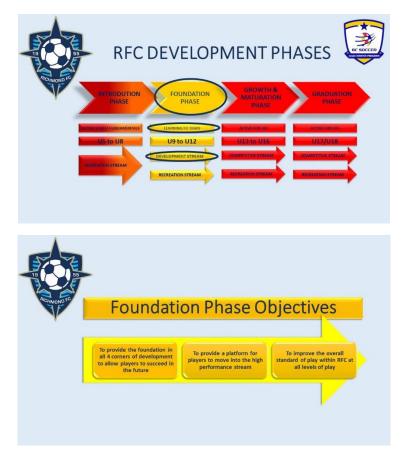


<u>U10 (2011) Development Program (2020/2021 Fall-Winter)</u> – The Richmond FC ("RFC") U10 (and U9) Development Program is the 2<sup>nd</sup> stage of the player's development at RFC and is part of the Foundation development phase within the club framework, which falls under the Learn to Train Stage of Development in the Canada Soccer Long Term Player Development Model. There are 2 streams within the foundation development phase, the Recreational and Development streams, this program falls under the Development stream.



The U10 Development program is the player's second introduction to development stream at RFC, and is designed to develop and prepare players who demonstrate the interest and potential to progress to the High Performance Stream within a BCSPL Club, or the Competitive Stream at RFC within the Select programs offered at U13 + .

The U10 Development program will have an RFC Technical Lead assigned to oversee and co-ordinate program with the objective to provide mentorship and guidance to all the club coaches within the age group at training sessions and games.

The RFC Technical Lead will be provided with support from a member of the RFC Coaching Staff to assist with the program, who will work directly with the club coaches and players during training sessions, with the aim to provide the best development environment possible for this group of players at their current stage of their development.

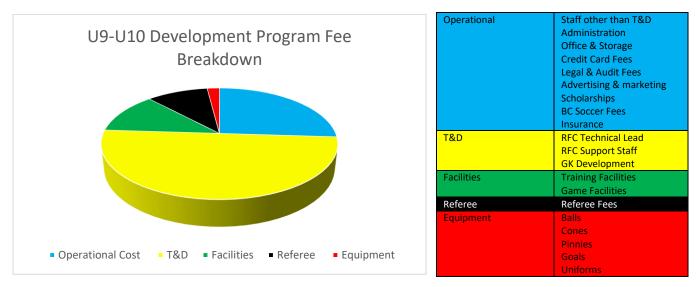
The training model would follow the CSA's best practice model for this stage of development and be squad based training where players would be divided into groups based on their current ability level or mixed ability depending on the session outcomes, and movement would occur between the groups based on the development needs of each individual player. Training would be 2x per week, starting in September 2020 until March 2021.

The curriculum for this program has been developed by the RFC Technical director and follows the guidelines outlined in the Canadian Soccer Associations LTPD Model

Games would be scheduled as Jamborees 1x per week, within the Development group. We will occasionally work with other soccer organizations to participate in combined jamborees where either RFC or the other organization would host the event. The games would consist of 4v4, 5v5, 6v6 or 7v7 game formats as per the Canadian Soccer Associations LTPD Small Sided Guidelines. Team formations for the Jamboree sessions may be balanced or tiered depending on the level of teams participating, or specific development outcomes for the Jamboree. Additional tournaments maybe added during the course of the program which would be at an additional cost.

There is no formal evaluation to sign up for the program, however <u>the program is designed for the dedicated</u> <u>player that is looking for additional development opportunities that is not offered within the RFC</u> <u>Recreational program</u>. Players registered for the Development program would be expected to attend 80% of all training sessions and games.

**2020/2021 Fall-Winter Registration Fee:** Fees have not been set for the 2020/2021 season yet, but the 2019/2020 fee was \$565.



## Fee Breakdown:

2020 U10 Development Spring Training Component – Spring is the offseason for soccer in the lower mainland. However, Richmond FC will be offering a Spring Training Component of the 2020/2021 program. Participation in the spring training is highly recommended and it is understood that if you are participating in the spring training, that you will be registering for the 2020/2021 Development program (for season starting in September) and not Recreational. Players participating in the Spring training will have sessions 2x per week with the occasional scheduled jamboree. Cost is approximately \$340 for spring training (which includes two Richmond FC training jerseys). Players will also have the option to register for the Cascadia League that runs April to June, fee is ~\$80 (in addition to \$340). This spring training fee is a separate fee from the 2020/2021 Fall-Winter season registration. Any tournaments to be organized by the Technical Lead would be at an additional cost.

The Spring Training phase will run for 12 weeks from April to June. Training days have not been determined at this point.

Registration for the spring training will be due by March 1, 2020. Registration for the 2020/2021 soccer season (September to March) will be due by June 15, 2020.

<u>U10 Recreational Programming</u> - For players not interested in the Development programming, Richmond FC will still be offering the 2020 Recreational Spring Soccer League as well as the 2020/2021 Fall-Winter Recreational programming. Information on these programs will be posted on the Richmond FC website as it becomes available.