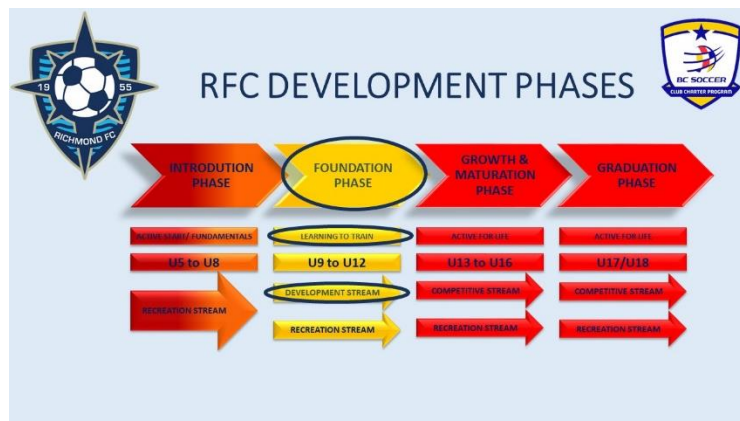




# U11/U12 Development Program 2020/2021

**U11/U12 (2010/2009) Development Program** – The Richmond FC U11/U12 Development Program is the 2<sup>nd</sup> stage of the player’s development at RFC and is part of the Foundation development phase within the club framework, which falls under the Learn to Train Stage of Development in the Canada Soccer Long Term Player Development Model. There are 2 streams within the foundation development phase, the recreational and development streams, this program falls under the Development stream.



The U11/U12 Development program is designed to continue to develop and prepare players who demonstrate the interest and potential to progress to the High Performance Stream within a BC SPL Club, or the competitive stream at RFC within the Select programs offered at U13 + .

The U11/U12 Development Program is the 1<sup>st</sup> time players will be selected onto teams based on their current ability level which is split into 2 main tiered divisions, Division 1 and Division 2. Teams play in the BC Coastal Soccer League which runs September to March.

Each age group will have an RFC Technical Lead assigned to oversee and co-ordinate program within a specific age group with the objective to provide mentorship and guidance to all the club coaches assigned to the Division 1 and Division 2 teams at training sessions and home games.

The RFC Technical Lead will be provided with support from a member of the RFC Coaching Staff to assist with the program, who will work directly with the club coaches and players during training sessions, with the aim to provide the best development environment possible for this group of players at their current stage of their development.

The training model would follow the CSA’s best practice model for this stage of development and be squad based training where players would be divided into groups based on their current ability level or mixed ability depending on the session outcomes, and movement would occur between the groups based on the development needs of each individual player. Training would be 3x per week as per the LPTD recommendations for this stage of development.

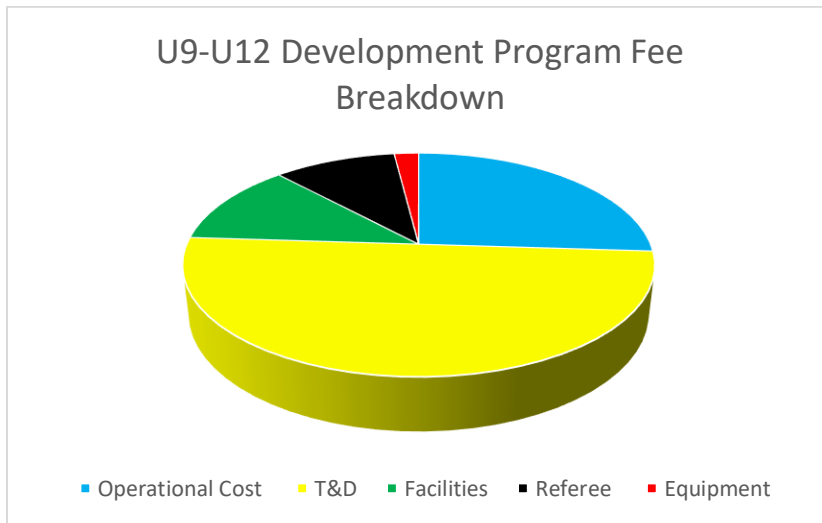
The curriculum for this program has been developed by the RFC Technical director and follows the guidelines outlined in the Canadian Soccer Associations LTPD Model

Games would be 1x per week, and would be 8v8 format as per the Canadian Soccer Associations LTPD small sided guidelines, the selected group would form a total of 2 teams at Division 1, and 2 teams at Division 2 would participate in the BC Coastal Soccer League. Any additional exhibition games or tournaments, team formations may be balanced or tiered depending on the level of teams or competition rules.

Players interested in participating in the program would be selected based on the in-season evaluations (see RFC U11-U12 Selection Process document). It is important to remember the development programs are designed for the dedicated player that is looking for additional development opportunities that is not offered within the RFC Recreational program. Players selected for the Development Program would be expected to attend 80% of all training sessions and games.

**Cost:** \$805 per player

Fee Breakdown:



Operational	Staff other than T&D Administration Office & Storage Credit Card Fee's Legal & Audit Fee's Advertising & marketing Scholarships BC Soccer Fee's Insurance
T&D	RFC Technical Lead RFC Support Staff GK Development
Facilities	Training Facilities Game Facilities
Referee	Referee Fee's
Equipment	Balls Cones Pinnies Goals Uniforms

**U11/U12 Development Spring Training Phase– SPRING IS THE OFF-SEASON FOR SOCCER IN THE LOWER MAINLAND.** Richmond FC offers a “spring training” phase and players selected for the U11/U12 Development program will be invited to participate in the U11/U12 Development Spring Training Phase, although participation in this spring training is not mandatory it is highly recommended. Players participating in the Spring Development Program will train 2x per week with the option to participate in the Cascadia Soccer League (optional) which runs games on Saturdays (anytime across Lower Mainland) from April to June. Cost is approximately \$300 for spring training with additional \$80 for Cascadia League (plus \$16 for the extreme orange Richmond FC training jersey). The spring training fee is a separate fee from the 2020/2021 season registration.

The Spring Training phase will run for 12 weeks and exact dates and times have yet to be determined. Registration and information will be circulated out to those players selected to the 2020/2021 Development Program.