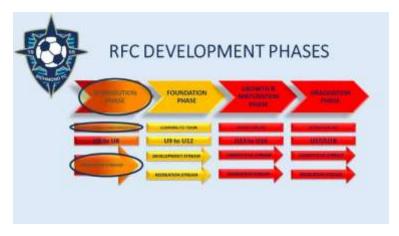
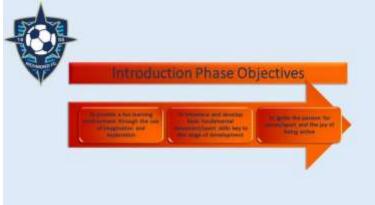


U5/U6 Recreational Program 2020/21

U5/U6 Recreational Program – The Richmond FC U5/U6 Recreational Program for girls and boys is the 1st stage of the player's development at RFC and is part of the Introduction development phase within the club framework, which falls under the <u>Active Start</u> Stage of development in the Canada Soccer Long Term Player Development Model.





The U5/U6 Recreational Program will have a BC Soccer Learning Facilitator assigned to oversee the program with the objective to provide mentorship and guidance to all the club coaches within the age group, and to start them on the community coaching pathway, by having them complete the BC Soccer Active Start coaching course during the course of the season.

The BC Soccer Learning Facilitator will be provided with support from the RFC Coaching Staff, who will work directly with the club coaches and players during training sessions and game days, with the aim to provide the best development environment possible for this group of players at their current stage of their development.

The training model would follow the CSA's best practice model for this stage of development, with 1 session per week 60 minute duration, and would follow the station based approach, where groups would rotate through a series of fun based activities every 10 mins.

The curriculum for this program has been developed by the RFC Executive Director and follows the guidelines outlined in the Canadian Soccer Associations LTPD Model.

Games would be 1x per week, and would be 3v3 format as per the Canadian Soccer Associations LTPD small sided guidelines.

Cost: \$350 per player

Fee Breakdown:



Operational	Staff other than T&D
	BC Soccer Fees/Insurance
	Administration
	Office & Storage
	Credit Card Fees
	Legal & Audit Fees
	Advertising & marketing
	Scholarships
	Coach Certification
T&D	BC Learning Facilitator
	RFC Support Staff
Facilities	Training Facilities
	Game Facilities
Referee	N/A
Equipment	Balls
	Cones
	Pinnies
	Goals
	Uniforms