



Richmond FC Girls High School Soccer Pre-Season Camp Spring 2020



Richmond FC is excited to announce it will be offering a 2-day preseason camp to all Female High School Players on March 28th and 29th in preparation for the BC School Sports Girls High School Soccer season.

The camp will be run by Richmond FC's highly qualified professional coaching staff, along with the Women's Head coaches from Douglas College and Langara College, bios can be found below.

The Purpose of the camp is so players can get some extra touches on the ball, in preparation for the High School soccer season, and give players exposure to collegiate coaches within a training environment for players that are looking for options to continue to play after high school

The camp will focus on skill development, key attacking and defending principles of play, striking/finishing, and goalkeeper specific training for Goalkeepers

In addition to this the College coaches will run a classroom session on life after High School and provide information on the life of a student athlete, along with next steps for anyone who is interested in perusing college or university playing opportunities in the future

Date	Time	Location	Theme
Day 1 – Sat March 28 th	10am-12pm	Hugh Boyd Red	Individual Skills, 1v1 attacking and Defending, Passing and support play
Day 2 – Sun March 29 th	10am-12pm	Hugh Boyd Red	Individual Skills, 2v2/3v3 attacking and Defending, Striking and finishing

After each on field session there will be a classroom session led by the college coaches, from 12:15pm-1:00pm

Chris Laxton

Douglas College Royals
Women's Coach

[CLICK HERE FOR BIO](#)

Mark Eckerle

Langara College Falcons
Women's Coach

[CLICK HERE FOR BIO](#)

THE CAMP IS FREE TO ALL HIGH SCHOOL GIRLS SOCCER PLAYERS. DEADLINE TO REGISTER IS MARCH 18.

[CLICK HERE TO REGISTER](#)