



RICHMOND FC ILLNESS POLICY

In this policy, ***“Team member”*** includes any ***Richmond FC staff, volunteers, referees, members, players and each of their family members*** with respect to illness and attendance or participation in any sanctioned Club activity or event. Noncompliance with the requirements of this policy could result in removal from the sanctioned activity and in situations of gross negligence, removal from the Club membership and all sanctioned Club activities and events.

1. Inform an individual in a position of authority (coach, team manager, program coordinator) immediately if, you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

2. Self-Assessment

- a. Team members must review the self-assessment signage located throughout the facility/park each morning before their shift/practice/activity to attest that they are not feeling any of the COVID 19 symptoms.
- b. Managers/coaches will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the practice/activity.
- c. If Team Members are unsure please have them use the self-assessment tool [COVID-19 Self-Assessment Tool](#) to confirm their ability to participate.

3. If a Team Member is feeling sick with COVID-19 symptoms (even mild symptoms)

- a. They should remain at home and contact Health Link BC at 8-1-1.
- b. If they feel sick and /or are showing symptoms while at shift/practice/activity, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- c. No Team Member may participate in a practice/activity if they are symptomatic.

4. If a Team Member tests positive for COVID-19

- a. The Team Member will not be permitted to return to the practice/facility until they are free of the COVID-19 virus and supply the Club with a doctor’s note to support this.
- b. Any Team Member who has been in close contact with an infected Team Member will also be removed from all Activity for at least 14 days to ensure the infection does not spread further.



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5. If a Team Member has been tested and is waiting for the results of a COVID-19 Test

- a. As with the confirmed case, the Team Member must be removed from the activity/practice/facility.
- b. Other Team Members who may have been exposed will be informed and removed from the facility/practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

6. If a Team Member has come in to contact with someone who is confirmed to have COVID-19 or if someone in the Team Member's household is showing symptoms of COVID-19

- a. Team Members must inform the Club as soon as possible if they believe they may have been exposed to COVID-19.
- b. The Team Member will be removed from the facility/practice/activity for at least 14 days or as otherwise directed by public health authorities.
- c. Team Members who may have come into close contact with the Team Member will also be removed from the workplace for at least 14 days.

7. Team Member Self-Quarantine Requirements

- a. Any Team Member who has travelled outside of Canada within the last 14 days is not permitted to enter any part of the facility or activity.
- b. Any Team Member who has travelled outside of Canada within the last 14 days must self-quarantine per public health guidelines.

RESOURCES:

Viasport Return to Play Guidelines for BC

<https://www.viasport.ca/sites/default/files/ReturntoSportGuidelines.pdf>