

JUNE 2020

RICHMOND FC RETURN TO PLAY GUIDE





RICHMOND FC RETURN TO PLAY

INTRODUCTION

On May 6, 2020 the Government of B.C. announced [BC's Restart Plan: Next Steps to Move Through the Pandemic](#). The goal outlined within this plan "is to slow the spread of COVID-19, protecting our most vulnerable and ensuring our health-care system can respond to increased demand while we develop a vaccine."

On June 1st viaSport released [Return to Sports Guidelines for BC](#).

viaSport is a non-profit society that acts as an agent for the Ministry of Tourism, Arts and Culture to enable the growth, governance, and stewardship of amateur sport in BC. To help organizations in their planning, stakeholders in each sector were asked to create sector-specific guidance documents. viaSport was asked by the Minister of Tourism, Arts and Culture, Lisa Beare, to develop this Return To Sport Guidelines document to support amateur sports in BC. All provincial sport organizations and their clubs should use the viaSport Guidelines to develop their own sport specific Return to Sport plan and work towards careful and gradual restarting within their own communities.

On June 2nd BC Soccer Released their [Return to Play – Phase 1 Plan](#).

In consultation with the Richmond Soccer Association and the City of Richmond, Richmond FC has used the above resources to create the Club's Return to Play Guide. We recommend all families carefully review the processes outlined to fully understand the measures Richmond FC is taking to mitigate the risks associated with returning to play. It is important that all participants abide by all Club official and staff instructions communicated prior to and during sessions. *Participation in Richmond FC programming is considered voluntary, and anyone feeling uncomfortable with the current risks, should either not register or remove themselves from the program. Where a participant is considered high-risk, Richmond FC recommends a doctor's permission to participate in Richmond FC activities.*

The Richmond FC Board of Directors and staff are excited to get back on the field and look forward to welcoming you back in a safe manner.



RICHMOND FC RETURN TO PLAY

PHASES OF RETURN TO PLAY

Richmond FC is currently in the Transitions Measures Phase. This phase extends to September and permits the Club to offer training using modified activities while respecting social distancing protocols, e.g., 2 metres. Richmond FC anticipates another update in September to determine what Phase we will be in at that time.

During the Transitions phase Richmond FC will offer technical-based training focusing on individual skill development, e.g., dribbling, passing, receiving, juggling, strength & conditioning. There will be no contact with other players or competition play. Programming should be considered as fluid and could change based on updated information from BC Soccer and Provincial health authorities.

	Strictest Controls Prior to May 19, 2020	Transition Measures Approx. May 19th to Sept	Progressively Loosen Future date TBC	New Normal Future date TBC
Restrictions in Place	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel 	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel No group gatherings over 50 people 	Refer to PHO and local health authorities	Refer to PHO and local health authorities
Enhanced Protocols	Increased hand hygiene	<ul style="list-style-type: none"> Increased hand hygiene Symptom Screening in place 	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> Outdoor or within home Facilities and playgrounds closed 	<ul style="list-style-type: none"> Outdoor is safest Indoor facilities slowly re-opening 	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> Small Groups No or limited spectators 	<ul style="list-style-type: none"> Groups sizes may increase Limited spectators 	<ul style="list-style-type: none"> Large groups allowed No restrictions on spectators
Non-contact Activities	<ul style="list-style-type: none"> Low risk outdoor activities can occur (biking, running, etc). Virtual activities 	<ul style="list-style-type: none"> Fundamental movement skills Modified training activities, drills 	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> Should not occur Contact sports should look for non-contact alternatives to training 	Introduction to pair or small group contact skills	No restrictions on activity type
Competition*	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> Minimal shared equipment Disinfect any shared equipment before, during and after use 	<ul style="list-style-type: none"> Some shared equipment Enhanced cleaning protocols in place 	Shared equipment

*Introduction of competitive activities should be in alignment with Sport Specific guidelines

Source: viaSport



RICHMOND FC RETURN TO PLAY

SAFE SOCCER ENVIRONMENT

Soccer has the advantage of being an outdoor sport, so soccer fields are one of the safer venues for activity.

Richmond FC has worked with the City of Richmond to create a Safe Soccer Plan to ensure that the club is providing a safe environment for players, staff and volunteers. Initially soccer programming will only be delivered at Boyd Red Turf, Boyd Oval Grass Field, Boyd South Grass Field and Richmond High Turf. Following are a list of health and safety protocols that Richmond FC will be following.

Equipment

- All Richmond FC staff, coaches and volunteers will wear masks. Players are not required to wear masks but should do so if it makes them feel more comfortable.
- All equipment will be sanitized by the Club after each training session.
- Pinnies/Bibs will not be used.
- Player are not permitted to touch any equipment.
- Players are not permitted to touch the soccer balls with their hands or head. Only coaches can touch equipment/soccer balls. Goalkeepers will be permitted to touch the soccer balls with approved/sanitized gloves. Goalkeepers will not be permitted to share gloves.
- Players will bring all belongings to their designated playing area and placed in an area respecting social distancing protocols.
- Players will not share any personal belongings, such as water bottles or clothing.

Clubhouse/Change Rooms

- The Boyd Clubhouse and change rooms will be closed and not available for use.
- The Boyd clubhouse will be used exclusively for equipment sanitation.
- The West Richmond Community Centre remains closed by the City of Richmond.
- Washrooms will be available on the east side of the West Richmond Community Centre.

Fields

- Fields will have one entrance and one exit only. [Boyd & Richmond High Field Layouts](#).
- Maximum number of people on field will never exceed 50 and is dependent on field size (11-aside or 8-aside) and age group as U5-U10 (2016-2011) are permitted one household member to accompany to field.
- Each player will be assigned a 9m x 4.5m grid that is spaced 2m from next grid for the duration of training session. Players remain in the grid.
- Hand sanitization stations will be available at all entrances and exits.
- A volunteer field marshal will be assigned to each field to escort players to and from the field and to ensure everyone's safety before, during, and after training sessions.
- Volunteers will be assigned to each field for player check-in/attendance.
- Volunteers will be assigned to each hand sanitizing station.



RICHMOND FC RETURN TO PLAY

Spectators

- Parents/guardians/siblings of player in the U11-U18 (2010 to 2003) age groups are asked to drop their child off at designated entry area and return at pick-up to the designated exit area. If you stay at the field, the Club requests that you remain in your vehicle.
- Parents/guardians/siblings of players in the U5-U10 (2016 to 2011) are permitted to have one member of the same household accompany the player to the field of play. All other family members must remain in vehicle or leave and return for pick-up.
- The Club appreciates your cooperation on this matter so that we avoid any violation of the social distancing protocols and thus endangering the health and safety of players, staff and volunteers.

Daily Pre-Training Requirements

- Prior to each session, all participants are required to complete the BC Ministry of Health [Self-Assessment Tool](#) to determine ability to participate in that day's training session.
- You should not come to the field if:
 - You do not feel well or are displaying symptoms of COVID-19.
 - Someone in your household has COVID-19 or is showing symptoms of COVID-19.
 - You have traveled outside of Canada within the last 14 days.
 - Someone in your household has traveled outside of Canada within the last 14 days.
- Familiarize yourself with Richmond FC's Illness Policy.
- All players must be registered in the appropriate program and have completed the [Richmond FC Return to Play Participant Waiver and Safety Agreement](#).

ILLNESS POLICY

Richmond FC has created an Illness Policy specifically for COVID-19 that must be followed by all in attendance at or participating in any Club programming or events. Failure to abide by the terms of the Illness Policy will result in removal from the session. In circumstances of extreme disregard, removal from Club for either the remainder of the program or the season, is at the Club's sole discretion. Click here to review the [Richmond FC Illness Policy](#).