



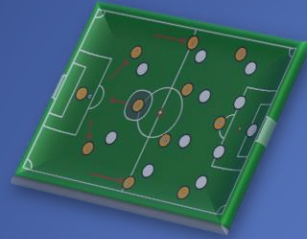
AGM Technical Report Club Development Concept 2022 & Beyond

Developing and
Measuring Strategic
Progress.

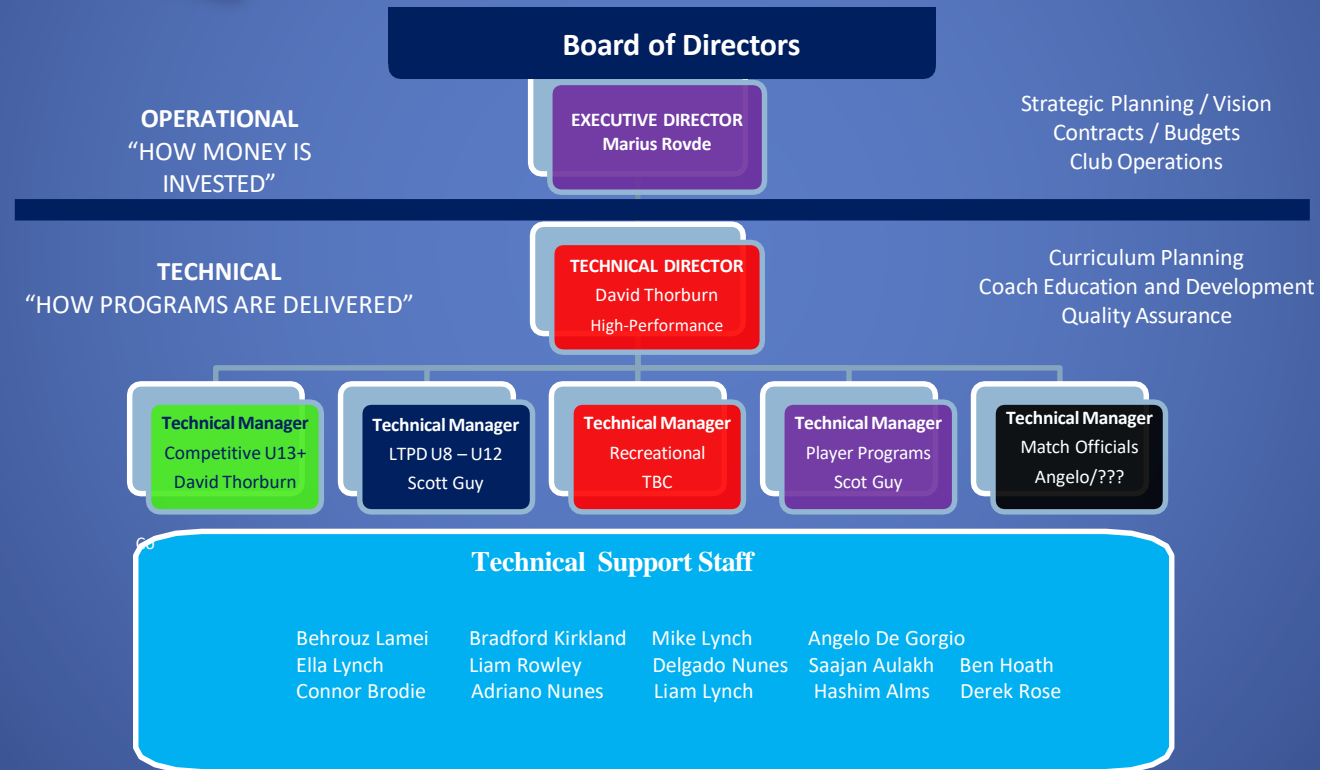
David Thorburn



Technical Report



Club Structure - THE TEAM





Global Development Concept

ONE GOAL

To be a leader in the Development of Coaches, Players, Administrators and officials, to create a club development program that offers a pathway for all

Global Development Player Concept

One Club, One Message, One Goal

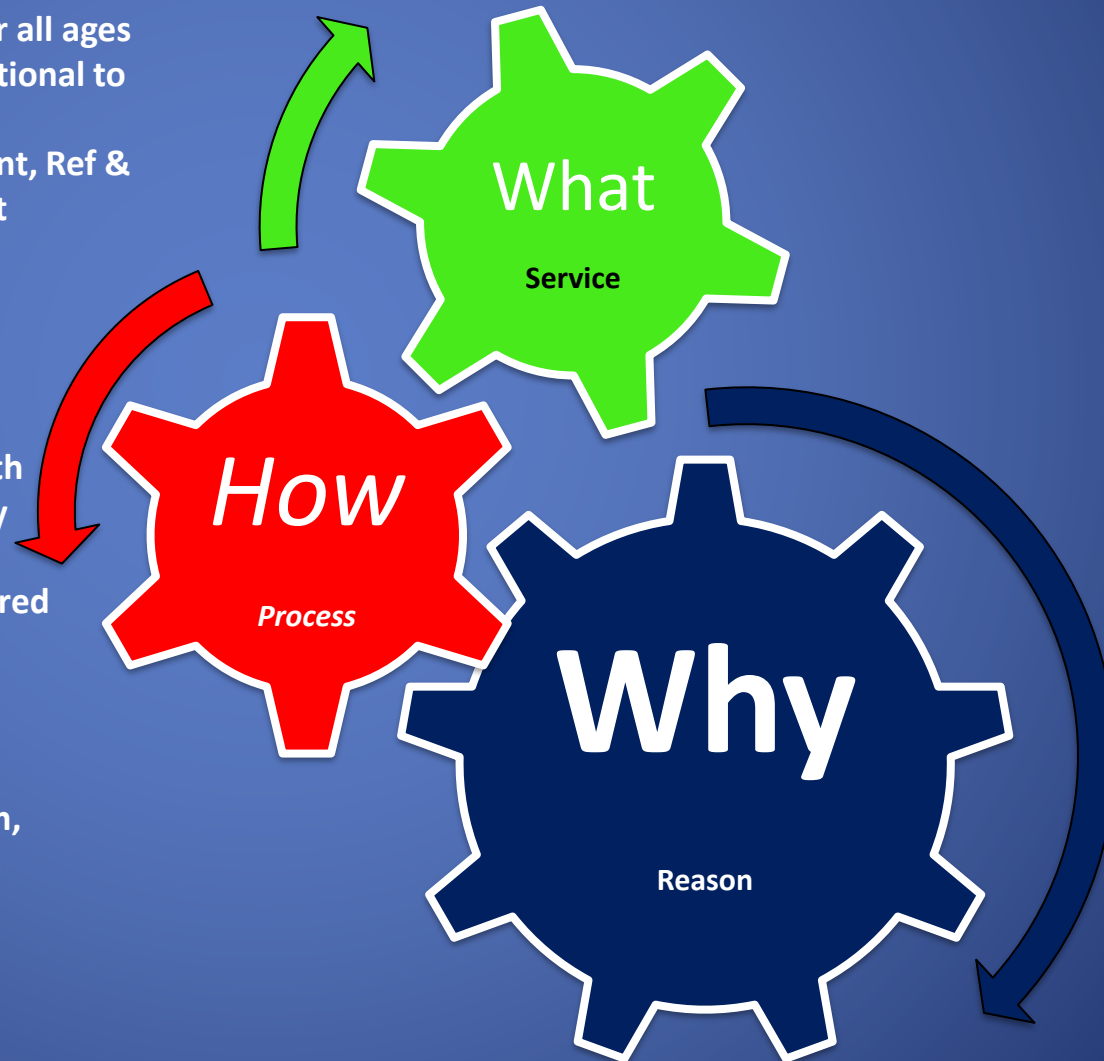
“To be the best you must prepare like the best”



TRANSPARENCY

- **“What we do better than the rest”**
- Coach development year round for all coaches
- Individual and team soccer programs for all ages
- Player development for all levels recreational to competitive.
- Coach Development, Player Development, Ref & Team Development = Club Development

- ✓ **The way we do what we do**
- “We deliver innovative, player-centred programs that support individual growth within a team concept through a clearly defined process”
- In –House Coach development is delivered year round for all levels .
- ✓ **The reason we do what we do**
- To deliver a personal growth structure throughout the developmental program, including Coaches, players, team = Club development





Technical Director Year End Technical Report

The purpose of this year end report is to review the past years program, and ensure the club is following and achieving its target of developing of players, coaches, teams and the program status.

Technical Report



- **Recreational ODP (Open Development Program)**
- The RFC House League program has over 70 teams. and has been the structure that underpins the success throughout the club, from coach to player development, the importance of this program cannot be underestimated, therefore the personal and technical development investment in both areas are vital in the player and coaching pathway at the RFC.
- The addition of Scott Guy to the technical team, as the manager of LTPD (long term player development) will dramatically move the coach and player development forward.
- Recreational coach orientation and development sessions were delivered over a 2-week period prior to the start of the Fall/Winter 2021 and Spring Summer recreational program in April. This was also supplemented with 4 in class workshops aimed at helping the coaches understand game setup, team shape and an understanding of the LTPD recreational Matrix.
- Further coach ed programs will be delivered during June to September, focusing on training sessions and game model development, from 3v3 to 11v11.
- The coaching attendance was well above average, and this will be an area for development for the 2022 Fall/Winter season, with the introduction of the mandatory grassroots development program for all new recreational coaches.

Technical Report



New Recreational Program Offering

The following Recreational Program is being offered to all U4 players:

U4 Age Group – Active Start

Making friends with the ball

Physical literacy activities with/without the ball

Ideally, all recreational coaches possess the “Active Start” certification

All coaches receive in-house coach education/development sessions

U4 Co-ed – Wednesday Saturday = 84 players

Extra Program Sunday = 78 players

Technical Report



Competitive ADP (Advanced Development Program)

- The RFC Competitive program has had a very successful year not only with growth in numbers, but success on the field, with 3 of our teams reaching the provincial play offs .
- Congratulations to the all the players, staff and parents of the U13 Girls, U16 Boys and the U18 girls on reaching the provincial play offs.
- The U16 boys also won the Costal Cup and the U15 boys won the Coastal League cup, congratulations to all concerned.
- With coach and player development at the forefront of our club development pathway, I am delighted to say we have managed to develop 18 players from our community development program , to serval high performance programs, this is testament to all the hard work that our volunteer coaches and technical staff have delivered throughout the season.

Technical Report



Competitive & Recreational Program Offering

The following ODP & ADP programing is being offered to all club members and nonmembers:

These support programs have been well attended by all age groups, with individual player development comes team and club development, therefore with increased touches using deliberate practice, players have the opportunity to reach their highest level in the sport of soccer.

Support Programs: Technical Report 2022



Finishing School 32 players per Session

IDA Grassroots ODP/ADP U7 to U14 32 players per session

Kids 4U Sunday Program 86 players

Keeper Training Competitive & Recreational 16 players per session

Club Camps December, March, July and August of 80 players per Camp

Mini Kickers U5-U6 40 players per session

Pre- ID Camp TBC Starts August 2022

ADA Academy TBC Starts June 2022

2021 to 2022 Programs



Technical Support Programs Festival

The technical support programs have been a great success throughout the 2021/2022

Fall/Winter and Spring/Summer, these programs offer all players the opportunity to increase their level of development.

RFC Thanksgiving Festival 2021

Over 130 teams competed in the RFC 2021 thanksgiving festival, this program was a great success for both the club and the City of Richmond, with hundreds of and families supporting the kids, the financial benefit to the local businesses is evident, from restaurants to hotels this Festival is helping support our city. A special thanks to Tania Webster for an outstanding job in organizing this wonderful festival.

Technical Support Programs Camps

Over that past year the RFC has hosted 10 soccer camps during March and August, these camps attracted over 700 players, the benefits of these camps for players and the club were excellent, the RFC recruited over 20 % of new soccer players to the RFC program



Coach Education Continued Resources



Player to Coach Program

- Encourage and reward young coaches
- Offer a pathway to success including coaching teams at entry level
- Ongoing mentorship and education through our Coach mentoring program, We have 8 coaches that have been CSA certified in the program

Orientated skill manuals

In – House Manuals

- For HL coaches & Competitive , All coaching books have been supplied to all ODP and ADP coaches

Soccerspecific.com coaching tools

- Activities developed and shared with coaches
- Session planners every 2 weeks
- Library resource for coaches, animation available on request

Website resources

- Link to Coach Education Site
- Session planner
- Sports Session Planner
- Sharing capabilities
- Documents and forms.

Pre-season, on-field coach training

- Over a two weeks for all HL

New Coach Orientation

- New coach introduction to our club development philosophy.

Technical Report



Coach Education

During the months of March to May 2022, the RFC has put 58 volunteer coaches through their BC soccer coaching courses.

These courses included Active Start, Fundamentals and Learn to Train.

RFC will be hosting 3 further BC Soccer courses in the coming months, including the Soccer for Life and Active start.

Global Development Concept
One Club, One Voice, One Goal

Developing Excellent Coaches

We are committed to supporting each individual coach
in their efforts to reach their full potential



Technical Report

In- House Coach Development



PHASE 1 – 2021 to Nov to Feb 2022

DEVELOPMENT CURRICULUM

- 1.1 Curriculum Outline
- 1.2 On-Field Model Sessions
- 1.3 Individual Technical Toolkit Setup
- 1.4 Periodic Curriculum Review

In service on field Nov -April

PHASE 2 – March to June 2022

COACHING PROFILES

- 2.1 Coaches Meeting / Objectives
- 2.2 Training Session Observation
- 2.3 On field session
- 2.4 Game Model
- 2.5 Coach Development CSA Workshops

PHASE 3 – August to October 2022

- 3.1 Coaches Workshop
- 3.2 Player Orientation Session
- 3.3 Player Progress Reports
- 3.4 Individual Player Development
- 3.5 Player/Parent Management Process



June 2022 Coach Development

ADP/ODP



COACH DEVELOPMENT PROCESS

The Coach development focus area, will be their ability to deliver the Individual and team development required in the areas below.

**Training
Practical &
Theory**

**Coaching In
The Game**

**In Class &
analysis**

Technical Report Summary



The RFC will continue to focus on coach and player development, with the end goal of better coaches, developing players equals a robust sustainable successful club. With the addition of LTPD specialist Scott Guy, and the commitment to improve every stage of player development, the futures bright for the RFC.

The continued growth of the RFC will always depend on volunteers, partners and the support of the local community.

Developing coaches, players and staff will only enhance the reputation of the RFC, which will help attract players for the future.

I would like to take this opportunity to thank all our Volunteer's, Staff, Parents, Players Coaches, and Board of Directors, for their continued support, which allows RFC to be “A better place to play a better place to learn”

David Thorburn
Technical Director